

EDMONDS SENIOR CENTER ACTIVITY CALENDAR 425-774-5555 www.edmondssc.org November 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 8:30 W Enhance Wellness LO Reocillo VR Woodburning - drop-in 9:00 CH Kiosk Pool Cafe BRIDGE Intermediate 10:00 L Yoga 11:00 DR Delirious w/ls 12:00 DR Ice Cream Social GentCare LO Mah Jongg 1:00 CR China Painting DR Sound Singer's L Modern World History 1:30 DR Dance Sampler PRS No Bowling	2 8:00 BL Tai Chi 8:30 CR Woodburning W Enhance Wellness 9:00 A Baby's Clinic B Baby's Clinic CL Baby's Clinic DR Outlets 9:30 BL Enhanced Fitness 10:00 DR Dance w/ The 7 Natural L Current Events Discussion 10:30 DL Soft Exercise 10:45 LO Wine Study 11:00 PRS Ping Pong 1:00 DL Bingo L Lipid Advisor CRW Kiosk LO Prostate VR Ukulele 1:30 A Baby's Clinic B Baby's Clinic CL Baby's Clinic CR No Fear Watercolor	3 8:30 A Specialized Foot Care W Enhance Wellness 9:00 E Employment office LO Poker 9:30 CR Swedish 10:00 D German PRS No Fear Watercolor 11:00 DR InterLiner 12:00 DR Scordale 1:00 DL Senior Swinger's CR Spanish Level 2 1:30 PRS No Bowling 2:00 VR Parkinson's Movement & Gait 2:45 CR Spanish Level 1	4 8:30 DR Community Breakfast 8:30 W Enhance Wellness 9:00 CR Friendship Quilters DR Color 9:30 W Monthly Writers Group 9:30 BL Enhanced Fitness 10:00 LO Support for the Mature Adult BL Soft Exercise 11:00 DR Rock Water 12:00 LO Go 1:00 DR Frisbee Dance Nice N Easy L Movie "I'll See You In My Dreams" 2:00 PRS Ping Pong LO No Fear Bowling 2:30 PRS Yoga
7 8:00 BL Tai Chi 8:30 W Enhance Wellness PRS Poker 9:00 L Library Committee CR Community Appreciation DR German 9:30 DL Enhanced Fitness 10:00 LO Cottage Club VR Friendly Fish Dance CL Computer Fundamentals B No Fear Music 10:30 BL Soft Exercise 11:00 DR Rock Water 11:30 DL Duplicate Bridge 12:00 PRS Ping Pong CR Diffwood Sculpture 1:30 B No Fear Pottery 2:30 BL Learn to Line Dance	8 8:30 W Enhance Wellness LO Reocillo VR Woodburning - drop-in 9:00 CH Kiosk Pool Cafe BRIDGE Intermediate 10:00 L Yoga 11:00 DR Delirious w/ls 12:00 DR Ice Cream Social RGRH LO Duplicate Bridge 1:00 CR China Painting DR Sound Singer's L Modern World History 1:30 DR Dance Sampler PRS No Bowling	9 12:00 DR Candidates Speak 8:00 BL Tai Chi 8:30 CR Woodburning W Enhance Wellness 9:00 A Baby's Clinic B Baby's Clinic CL Baby's Clinic DR Outlets 9:30 BL Enhanced Fitness 10:00 DR Dance w/ The 7 Natural L Current Events Discussion 10:30 DL Soft Exercise 10:45 LO Wine Study 11:00 PRS Ping Pong 1:00 DL Bingo L Prostate VR Ukulele 1:30 A Baby's Clinic B Baby's Clinic CL Baby's Clinic CR No Fear Watercolor	10 7:00 Hike 10:00 RAG 8:30 A Specialized Foot Care W Enhance Wellness 9:00 E Employment office LO Poker 9:30 CR Swedish 10:00 D German PRS No Fear Watercolor 11:00 DR InterLiner 12:00 DR Scordale 1:00 DL Senior Swinger's CR Spanish Level 2 1:30 PRS No Bowling 2:00 VR Parkinson's Movement & Gait 2:45 CR Spanish Level 1	11 Closed Veteran's Day
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Dine out Group Sat Nov 12 11am
Spaghetti Factory
2509 196th ST SW Lynnwood

Nov 16 1-3
Chef Cook-Off

Nov 5 9-4
Holiday Bazaar

Nov 20 12:15-1:30
Trip

A: Room A B: Room B BL: Ballroom CL: Computer Lab CR: Ceramics CRW: Ceramics Room West DR: Dining Room
E: Employment Office L: Library LO: Lounge LY: Lobby PR: Pool Room PRS: Pool Room South
SR: Staff Room VR: View Room VRN: View Room North VRS: View Room South W: Wellness Office WS: Woodshop