

Weekly Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Time
Wake-Up Time	Wake-Up Time	Wake-Up Time	Wake-Up Time	Wake-Up Time	Wake-Up Time	6:00
Exercise, Breakfast	Exercise, Breakfast	Exercise, Breakfast	Exercise, Breakfast	Exercise, Breakfast	Breakfast	6:00 - 7:30
Study	Study		Study			7:30 - 9:00
Appointment	Appointment			Appointment		9:00 - 10:00
Meeting, Lunch	Lunch	Meeting, Lunch	Lunch	Lunch	Lunch	10:00 - 12:30
	Grocery	Shopping	BB Payments	Shopping	Shopping	1:00 - 1:00
Gym, Recreation	Gym	Gym, Recreation	Gym	Gym	Gym	5:00 - 6:00
Sports, Function, Library	Play Soccer		Seminar		Party	6:00 - 7:30
Traveling		Library	Library	Traveling		7:30 - 8:00
Outing, Party					Outing, Party	8:00 - 10:30

