

2023 Full Moon Guide

Wolf Moon

January 6, 2023 at 6:08pm EST



Ritual Focus: Safety & Protection
Crystals: Hematite, Selenite, Garnet
Herbs: Rosemary, Fennel, Bay Leaf

Snow Moon

February 5, 2023 at 1:29pm EST



Ritual Focus: Banishing & Cleansing
Crystals: Amethyst, Selenite, Jasper
Herbs: Rosemary, Basil, White Sage

Crow Moon

March 7, 2023 at 7:40am EST



Ritual Focus: Transformation & Change
Crystals: Bloodstone, Aquamarine, Citrine
Herbs: Allspice, Basil, White Sage

Pink Moon

April 6, 2023 at 1:23am EST



Ritual Focus: Inspiration & Creativity
Crystals: Carnelian, Citrine, Tiger's Eye
Herbs: Rosemary, Ginger, Turmeric

Flower Moon

May 5, 2023 at 1:04pm EST



Ritual Focus: Love & Self-Care
Crystals: Rose Quartz, Malachite, Rhodochryite
Herbs: Lavender, Chamomile, Sage

Strawberry Moon

June 3, 2023 at 11:43pm EST



Ritual Focus: Healing & Detox
Crystals: Bloodstone, Selenite, Amethyst
Herbs: Rosemary, Dandelion, Mugwort

Buck Moon

July 3, 2023 at 7:09pm EST



Ritual Focus: Courage & Strength
Crystals: Carnelian, Tiger's Eye, Onyx
Herbs: Ginger, Oregano, Basil

Sturgeon Moon

August 1, 2023 at 1:01pm EST



Ritual Focus: Peace & Balance
Crystals: Amethyst, Clear Quartz, Labradorite
Herbs: Lavender, Chamomile, Sage
***August 30th is a Blue Moon
Both are Supermoons**

Harvest Moon

September 29, 2023 at 9:37am EST



Ritual Focus: Prosperity & Abundance
Crystals: Moss Agate, Jade, Green Aventurine
Herbs: Allspice, Clove, Cinnamon

Hunter's Moon

October 28, 2023 at 4:24pm EST



Ritual Focus: Insight & Wisdom
Crystals: Moonstone, Lapis, Clear Quartz
Herbs: Thyme, Basil, Sage

Ivy Moon

November 27, 2023 at 4:16am EST



Ritual Focus: Happiness & Luck
Crystals: Green Aventurine, Citrine, Amazonite
Herbs: Allspice, Nutmeg, Thyme

Cold Moon

December 26, 2023 at 7:33pm EST



Ritual Focus: Reflection & Healing
Crystals: Clear Quartz, Carnelian, Obsidian
Herbs: Chamomile, Parsley, Lavender

How to use this Workbook:

Each Full Moon has a ritual focus, however the rituals outlined in the workbook can be performed during any full moon depending on your intentions.

In addition to the rituals, each sheet in the workbook contains a notes section to record what you are releasing, what you are manifesting, and positive affirmations to help change your mindset and bring forth positive energy.

What I am Releasing Examples:

I am releasing fear, I am releasing guilt, I am releasing pain

I am releasing all that no longer serves my highest good...

What I am Manifesting Examples:

I am so grateful I have secured my dream job

I am so grateful I have found love and partnership with the love of my life...

Notes: It's important to write your manifestations in the present, as if you already have it, and express gratitude.

Positive Affirmation Examples:

I am powerful, I am safe, I am loved

I am worthy, I am healthy, I am strong ...

Sign and date the bottom of each ritual sheet page after filling out the notes section.

It will become a sort of journal for you to reflect back upon.

Full Moon Ritual Kits (candles, stones, herbs, pouches, etc.) for each full moon are available in the Enchantments Gift Shop under the Full Moon Ritual Kits section.