

The screenshot shows the Microsoft Excel ribbon with the 'Get & Transform' tab selected. The ribbon is divided into several sections:

- Get & Transform Data:** Includes 'Get Data' (with a dropdown arrow), 'From Text/CSV', 'From Web', 'From Table/Range' (highlighted by a mouse cursor), 'Recent Sources', and 'Existing Connections'.
- Queries & Connections:** Includes 'Refresh' (with a dropdown arrow), 'Properties', and 'Edit Links'.
- Sort & Filter:** Includes 'Sort' (with a dropdown arrow), 'Filter' (highlighted by a mouse cursor), 'Clear', 'Reapply', and 'Advanced'.
- Data Tools:** Includes 'Text to Columns', 'Flash Fill', 'Remove Duplicates', 'Data Validation' (with a dropdown arrow), 'Consolidate', 'Relationships', and 'Manage Data Model'.
- Forecast:** Includes 'What-If Analysis' (with a dropdown arrow) and 'Forecast Sheet'.
- Outline:** Includes 'Group' (with a dropdown arrow), 'Ungroup' (with a dropdown arrow), and 'Subtotal'.

If the selected data isn't part of a table or named range, it will be converted into a table.

[illegible]