

January

Acts of Kindness

Calendar

 <i>January Acts of Kindness Calendar</i> 						
<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1 Wish everyone a Happy New Year	2 Collect spare change and leave in a donation box	3 Let someone go ahead of you in line	4 Bring a big batch of spaghetti to the local fire department	5 Make or refill a bird feeder	6 Send a snail mail letter to someone	7 Donate blood at the Red Cross
8 Shovel snow for a neighbor	9 Bring hot tea to an outdoor worker	10 Donate a low maintenance house plant to a nursing home	11 Leave positive feedback on a survey at a store or restaurant	12 Eat lunch with someone new	13 Give a loved one a back rub	14 Leave unused coupons next to products at the store
15 Donate oatmeal to a food pantry	16 Say "Good Morning" to everyone at the start of the day	17 Smile at 5 strangers	18 Give up your parking spot or seat	19 Tape a bag of microwave popcorn to a RedBox machine w/ a note	20 Donate craft supplies	21 Hug someone
22 Use one of your skills to make a gift for someone	23 Deliver a pie to the office staff at your favorite organization	24 Compliment someone	25 Invite someone to dinner	26 Leave post-it thank you notes on a returned library book or on your mailbox	27 Play a game with someone	28 Bring soup to a friend or neighbor
29 Donate old puzzles to a school, shelter or Puzzles to Remember	30 Clean up for someone else	31 Deliver hand-drawn cards or pictures to a nursing home or hospital				