

Tuesday, May 11, 2012

what a day.

Do you ever feel stuck when you have big decisions to make?

what do you suppose it is that paralyzes us during times when it seems like the best thing to do is act?

Is the mandatory pause our self's way of asking us to take a step back lest we make hasty decisions?

... or, is the pause our unproductive way of addressing our fear of change?

what do you do when you feel pressure?

Do you often pause and take a deep breath, or do you proceed in spite of the apprehensions?

(to be continued...)