

JULY 18<sup>th</sup>

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## GRATEFUL FOR WHAT I HAVE

*During this process of learning more about humility, the most profound result of all was the change in our attitude toward God.*

TWELVE STEPS AND TWELVE TRADITIONS, p. 75

Today my prayers consist mostly of saying thank you to my Higher Power for my sobriety and for the wonder of God's abundance, but I need to ask also for help and the power to carry out His will for me. I no longer need God each minute to rescue me from the situations I get myself into by not doing His will. Now my gratitude seems to be directly linked to humility. As long as I have the humility to be grateful for what I have, God continues to provide for me.

**From the book *Daily Reflections***

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