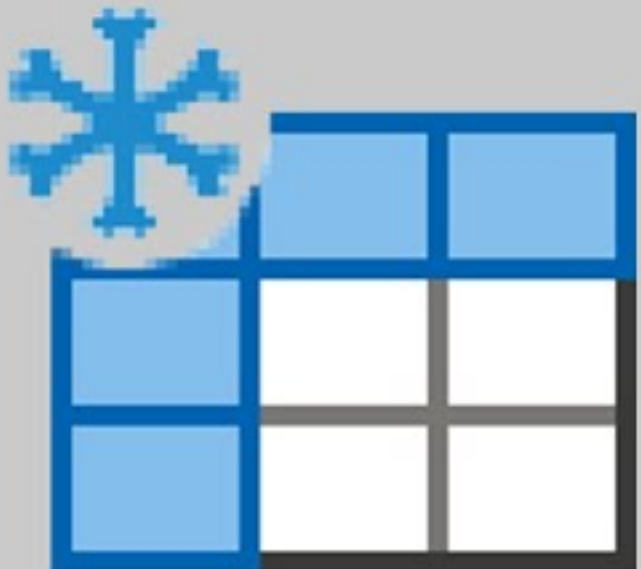# HOW TO FREEZE PANES

in Microsoft **Excel**

Lock the top rows or left columns in place as you scroll