

Sophie's

DAILY SCHEDULE

8:00	Wake Up	
8:30	Breakfast	
9:00	Get dressed	
10:00	Reading time	
11:00	Snack	
12:00	Outdoor play	
1:00	Chores	
2:00	Quiet time	
3:00	Free time	
4:00	Free time	
5:00	Dinner	
5:30	Family time	
6:00	Family time	
7:00	Get ready for bed	
8:00	Bedtime	

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COLOR
OPTIONS
INCLUDED