

SUN  
12

MON  
13

TUE  
14

WED  
15

THU  
16

FRI  
17

SAT  
18

GMT+03

6 AM

7 AM

8 AM

9 AM

10 AM

11 AM

12 PM

1 PM

2 PM

3 PM

4 PM

plan your week, 7am

blog post 1, 7:30am

blog post 2 he, 8am

blog post 3, 8:30am

blog post 1 outline  
9:30 – 10:30am

blog post 2 outline  
10:30 – 11:30am

blog post 3 outline  
11:15am – 12:15pm

gym  
2 – 3pm

writing course  
3:30 – 4:30pm

share 20 pir, 4:30pm

1,000 words blog  
post 1  
7 – 8:30am

coffee with Jon  
9 – 10am

research bp1  
10 – 11am

email bp1, 11am

gym  
2 – 3pm

share 20 pir, 4:30pm

edit bp1  
7 – 8:30am

edit bp1  
9 – 10am

edit bp1, 11am

publish bp, 11:30am

weekly meeting  
12 – 2pm

writing course  
2:30 – 3:30pm

share 20 pir, 4:30pm

1,000 words blog  
post 2  
7 – 8:30am

research bp2  
10 – 11am

email bp2, 11am

gym  
2 – 3pm

share 20 pir, 4:30pm

edit bp2  
7 – 8:30am

edit bp2  
9 – 10am

edit bp2, 10:30am

publish bp2+e, 11am

writing course  
2:30 – 3:30pm

share 20 pir, 4:30pm

1,000 words blog  
post 3  
7 – 8:30am

research bp3  
10 – 11am

email bp3, 11am

gym  
2 – 3pm

share 20 pir, 4:30pm

edit bp3  
7 – 8:30am

edit bp3  
9 – 10am

publish bp3+e, 11am

writing course  
2:30 – 3:30pm

share 20 pir, 4:30pm