




| → When to Seed → | December | January | February | March |
|--|----------|---------|----------|-------|
| ↓ What to Seed ↓ | | | | |
| Bulbs: Fennel, Kohlrabi, Onions, Leeks | | | | |
| Herbs (Annual/Biennial): Anise, Cilantro, Parsley, Dill | | | | |
| Cover Crops/Grains: Clovers, Barley, Rye, Oats, Peas, Wheat, Vetch | | | | |
| Flowers: Bee Balm, Calendula, Dandelion, Chamomile, Gaillardia, Poppies, Sweet Peas | | | | |
| Heads: Cabbages, Cauliflower | | | | |
| Herbs (Perennial): Borage, Comfrey, Lavender, Sage, Thyme/Oregano | | | | |
| Leafy Greens (Faster): Arugula, Chicory, Dandelion, Lettuce | | | | |
| Leafy Greens (Slower): Bok Choy/Pac Choy, Kale, Collards, Mustards, Chards | | | | |
| Legumes (Cool Season): Fava Beans, Shelling Peas, Snap Peas | | | | |
| Roots: Carrots, Beets, Parsnips, Turnips, Radishes, Rutabagas | | | | |
| Shoots: Broccoli | | | | |



Color Key
(think of a traffic signal):

Red: Unlikely to be seeded or grown successfully.

Yellow: Typically can be seeded in mild winter climates.

Green: Ideal time for starting from seed

Light Blue: Works for container gardens or constrained spaces

Easier Crops Coded in Green, More Challenging Crops Coded in Brown; Underlined Crops Must Be Direct Seeded in Order to Produce A Viable Crop

