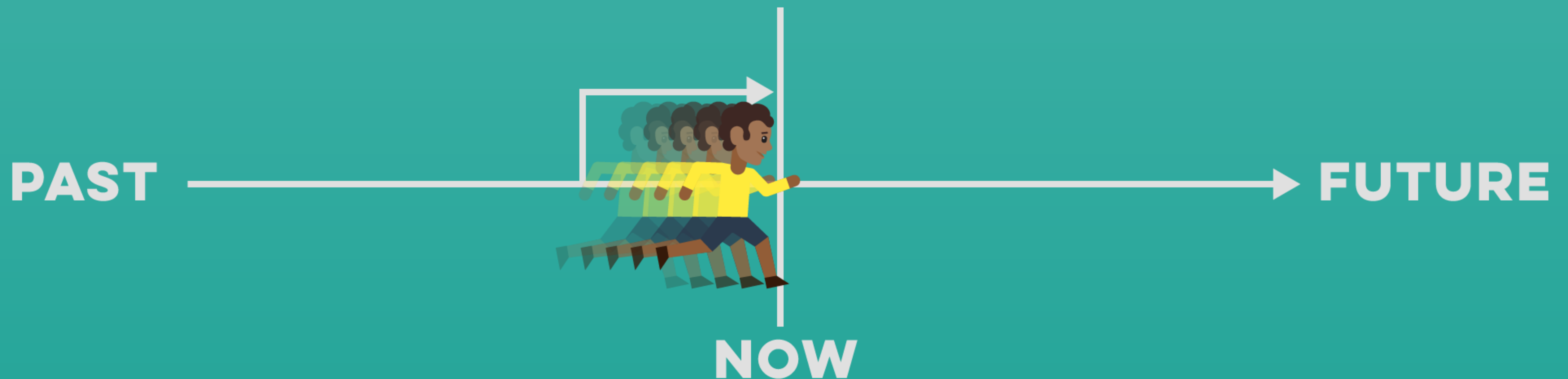


PRESENT PERFECT CONTINUOUS

THE ACTION CONTINUED FOR A SPECIFIC AMOUNT OF TIME BEFORE NOW OR STARTED RECENTLY.



EXAMPLES

MICHAEL HAS BEEN JOGGING.

HE HAS BEEN JOGGING FOR AN HOUR.