




Health and Habit Tracker

 Moods

 Symptoms

 Medications

 Week 2 Habits ▾

Weekly Analytics

Week of Jan 9-15 2022 1

 Week 02

Average Completion: 31.43%

Habit 1: 29%

Habit 2: 43%

 January Habit Averages ▾

Monthly Analytics

January 2022 1

 January

Average Completion: 10%

Habit 1: 9%

Habit 2: 14%