

Q4 GOALS

OCTOBER FOCUS:			1 WED	2 THU	3 FRI	4 SAT	5 SUN	NOTES / RESULTS:
	6 MON	7 TUE	8 WED	9 THU	10 FRI	11 SAT	12 SUN	
	13 MON	14 TUE	15 WED	16 THU	17 FRI	18 SAT	19 SUN	
	20 MON	21 TUE	22 WED	23 THU	24 FRI	25 SAT	26 SUN	
	27 MON	28 TUE	29 WED	30 THU	31 FRI			

NOVEMBER FOCUS:						1 SAT	2 SUN	NOTES / RESULTS:
	3 MON	4 TUE	5 WED	6 THU	7 FRI	8 SAT	9 SUN	
	10 MON	11 TUE	12 WED	13 THU	14 FRI	15 SAT	16 SUN	
	17 MON	18 TUE	19 WED	20 THU	21 FRI	22 SAT	23 SUN	
	24 MON	25 TUE	26 WED	27 THU	28 FRI	29 SAT	30 SUN	

DECEMBER FOCUS:	1 MON	2 TUE	3 WED	4 THU	5 FRI	6 SAT	7 SUN	NOTES / RESULTS:
	8 MON	9 TUE	10 WED	11 THU	12 FRI	13 SAT	14 SUN	
	15 MON	16 TUE	17 WED	18 THU	19 FRI	20 SAT	21 SUN	
	22 MON	23 TUE	24 WED	25 THU	26 FRI	27 SAT	28 SUN	
	29 MON	30 TUE	31 WED					

NOTES:

KEY:

REMEMBER: