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Weekly Schedule

Week of: 9/25 - 10/1

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
6am		wake up/get ready				sleep in zzz's	
7am	yoga class	workout	yoga class	workout	yoga class		
8am							
9am					class		
10am							
11am	class		class				
12pm					doctor's appt		
1pm							brunch
2pm		class		class			
3pm							
4pm							
5pm							
6pm	study/hw						
7pm							
8pm		night routine					
9pm					tasha's bd day dinner		

thatgirltosh