



Personalized Parenting Plan



Here is a list of items to consider when creating a personalized parenting plan. Every family is different, so not every item will be relevant for every family. It is a starting point where you can add or remove items as needed to create a plan that works best for your family.



Custody Arrangements

- Who will have primary custody of the children?
- How often will the children spend time with each parent?
- Where will the children live?



Education

- What school will the children attend?
- Will the children participate in extracurricular activities?



Health and Wellness

- What are the children's medical needs?
- Who will take the children to medical appointments?
- How will the parents handle disagreements about medical care?



Discipline

- How will the parents discipline the children?
- What behaviors are considered unacceptable?
- How will the parents handle disagreements about discipline?



Finances

- Who will provide financial support for the children?
- How will expenses be divided between the parents?
- How will major purchase decisions be made?



Communication

- What method of communication will the parents use?
- What information will be shared?
- How often will the parents communicate with each other about the children?



Parenting Time

- When will the children spend time with each parent?
- What activities will the parents do with the children during parenting time?



Resolving Conflict

- What are the consequences of breaking the parenting plan?
- How will the parents resolve disagreements about the children?



Holidays and Vacations

- What are the holiday and vacation schedules?
- How will the parents travel with the children?



Other Considerations

- Is there anything else that should be included in the parenting plan?