



Public Health
England

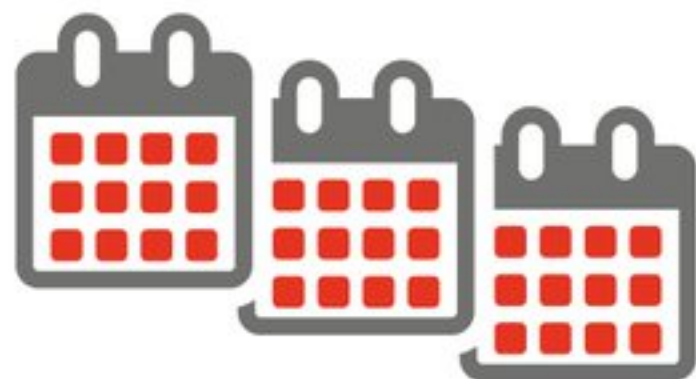
Health and Work

Managing health at work for employers



131m
working days are lost
to sickness absence every year

4.4 days
are lost on average for
each worker
due to sickness absence



42% of employees
experience at least one period of
sickness absence in a year

7% of employees
take periods of sickness absence
lasting 2 weeks or more

Main causes for lost working days in 2013

Musculoskeletal conditions



31m days

Minor illnesses (coughs and colds)



27m days

Stress, anxiety or depression



15m days

**Costs of
presenteeism**
(attending work while ill)
are estimated to be
£30bn
annually



Employers spend

£9bn each year
on sick pay and associated costs

**Percentage of
hours lost to
sickness in 2013**

Private sector
1.8%

Public sector
2.9%

1 in 3
of employees with a long term
health condition have
**not discussed it
with their employer**



52%
of employees
report having **access to
occupational health**
through their work.

39% report having
**access to
independent
counselling**