

# How to write a SUMMARY

## STEP 1

### READ & UNDERSTAND

#### Water Pollution

In order to have good health, people must use clean and safe water. Safe drinking water is water which is free from all impurities that cause pollution. Water pollution causes diseases such as typhoid, dysentery, cholera, diarrhoea and many others. It also kills fish and other animals.

Water pollution is mainly caused by people's bad use of their water resources. In some countries people throw human and industrial waste into rivers and lakes. In others they throw chemicals and pesticides into streams. Water which contains these substances is dangerous for all people, animals and plants, because these substances are not natural.

Water can also get polluted from within the water supply system. For example, all over the Sudan people keep their drinking water in a water pot called "zeer". It has been found that if the zeer is not cleaned and covered, the water becomes polluted and causes diseases. Also, if people use dirty containers to remove water from the zeer, the water becomes equally polluted. Some people try to avoid this problem by fixing little taps at the bottom of the zeer. In this way, the person can get water from the zeer without putting his hand inside it, so the water stays clean.

## STEP 2

### FIND the KEY WORDS

Water

Clean / health

Impurities / Diseases to people and animals

#### 1. Pollution by substances

#### 2. Pollution in the zeer

Cover the zeer

Clean the zeer

## STEP 3

### WRITE THE IDEAS IN YOUR OWN WORDS

*For good health it is good to use clean water. Water with impurities can cause a lot of diseases, both to animals and to people.*

*Water is polluted when people throw chemicals in it.*

*Also, water from a zeer can be dangerous if the zeer is not covered or if we don't clean it well.*