

GET PRINTABLE PDF

An open notebook with a dark green cover is shown lying flat on a grey and white marbled surface. The notebook is open to two pages, each featuring a '30 DAYS habit tracker'. Each page has a white background with a light purple border. At the top of each page, the title '30 DAYS habit tracker' is written in a grey, sans-serif font. Below the title is a line for 'MY GOAL ISTO:'. The main part of each page is a grid of 30 purple boxes, each containing a day number from 'Day 1' to 'Day 30'. The boxes are arranged in six rows of five. A black pen with a silver clip is resting diagonally across the bottom half of the left page. The notebook's metal rings are visible in the center crease.