

Difference Between

Present Perfect Continuous

Present Perfect Continuous Tense is used to express an action which started before now (or in the past) and has continued up until now (or into the present) .The action may not be finish at that time. This action may still be continuing or may have just finished.

Example Sentences

- He **has been running** that company for 10 years.
- I **have been reading** this novel for 5 days.
- We **have been talking** with Lisa for hours.
- She **has been cleaning** the room since morning.

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Past Perfect Continuous

Past Perfect Continuous Tense is used to express a past action which started in the past and continued to happen after another action or time in the past. Past Perfect Continuous Tense tell us “how long the action had continued” or ” the duration of the action” is emphasized more in this tense.

Example Sentences

- We **had been looking** for the wallet for 2 hours when Susan found it.
- She **had been writting** reports since morning when the boss came the office.
- They **had been celebrating** their wedding anniversary for hours when David arrived.



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