

MORNING ROUTINE CHECKLIST

TASK

S M T W TH F S



GET UP
&
MAKE BED

Seven red circles arranged horizontally for tracking completion.



GO POTTY
&
WASH HANDS

Seven blue circles arranged horizontally for tracking completion.



GET
DRESSED

Seven yellow circles arranged horizontally for tracking completion.



EAT
BREAKFAST

Seven red circles arranged horizontally for tracking completion.



BRUSH
HAIR

Seven blue circles arranged horizontally for tracking completion.



BRUSH
TEETH

Seven yellow circles arranged horizontally for tracking completion.