

2025



NOTES

GOALS

- learn to cook
- visit 2 new countries
- read more books
- work out 5 day/week
- bake more
- go swimming
- complete a no spend challenge
- learn basic spanish
- get rid of unnecessary stuff
- maximize my time
- do things that make me happy
- less technology
- be kind, patient and thoughtful

PUT YOURSELF FIRST!

LET SUCCESS MAKE THE NOISE.