

# 28 Days of Activities

<b>DAY 1</b> Create a journal with your child or use the last one to record each days activity. They can decorate the front page.	<b>DAY 2</b> Try to build an object that moves if you push it and then test it outside. Ex. A car made of tissue box or a rolling toilet paper roll.	<b>DAY 3</b> Bring paints outside and search for a beautiful flower or scene. Paint the flower or scene.	<b>DAY 4</b> Go outside and find a tree, bush, or flower. Then, make up a story or words or pictures about something that lives there.	<b>DAY 5</b> Make popsicles or your own DIY freezies. Freeze toys or object that won't be damaged in ice for Day 7.	<b>DAY 6</b> Build a fort outdoors or indoors. Then, read or look at books with a flashlight in the fort.	<b>DAY 7</b> Dig out the toys or items that you stuck in the ice from Day 5.
<b>DAY 8</b> Have a picnic in your backyard, park, or on your living room floor.	<b>DAY 9</b> Beach Day! Drive to the beach OR play with the sprinkler or paddling pool in the backyard.	<b>DAY 10</b> Pretent to go camping and set up a tent in the backyard or in your house. Plan a fun camping snack.	<b>DAY 11</b> Collect leaves. Then, go online and identify them at home in your journal. Little kids can just glue them in the journal.	<b>DAY 12</b> Make a treasure chest out of recycling.	<b>DAY 13</b> Make Animal Rocks. Paint rocks to look like animals or glue on small rock ears, stick tails and paint eyes and a nose!	<b>DAY 14</b> Make a summer salad to eat. Kids cut the veggies themselves (w/ supervision). Butterknife for younger kids
<b>DAY 15</b> Sidewalk Chaulk Fun! Older kids can create a cartoon with the chaulk outside.	<b>DAY 16</b> Make a flower or a leaf crown.	<b>DAY 17</b> Go for a bike ride! Make sure you have materials for a bird feeder on Day 24.	<b>DAY 18</b> Collect leaves. Then, put a paper on top of one. Then, use a crayon to brush over the leaf making a leaf design on the paper.	<b>DAY 19</b> Make wands our of sticks. Decorate them with strings wrapped around them	<b>DAY 20</b> Play with waterballoons. Create a waterballoon toss, have a waterfight, see how high you can throw it before it pops.	<b>DAY 21</b> Paint inspirational messages and pictures on rocks. Then go on a walk and put them somewhere in the neighbourhood.
<b>DAY 22</b> Make a boardgame like tic tac toe out of natural materials.	<b>DAY 23</b> Body Painting. In a swimsuit, paint fun pictures on your legs with washable paint. Then wash off outside!	<b>DAY 24</b> Make a Bird Feeder.	<b>DAY 25</b> Wash the car!	<b>DAY 26</b> Make nature designs and pictures with leaves, rocks, flowers, and sticks.	<b>DAY 27</b> Send 5 letters to friends and family to tell them your thinking of them.	<b>DAY 28</b> Make a Bug Hotel using natural materials.

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