

# Advent Kindness Calendar

## CHOOSE

items to donate to a food pantry, such as pasta, soup, or rice.

## FEED

the birds seed, unsalted peanuts, or dried fruit.

## DROP

an encouraging note in your neighbor's mailbox.

## CALL

someone you have not talked to in awhile to say "Hello."

## HELP

set the table and make homemade menus for a fancy meal at home.

## WRITE

positive chalk messages on the sidewalk.

## RECORD

a video message for a friend who lives far away.

## READ

a favorite story to a family member—in a fort!

## PLAY

a game with your family—have fun and be a good sport!

## LEAVE

candy canes on all the cars in a school parking lot.

## WRITE

a cheerful note or color a picture and leave it inside a library book.

## SEND

a Christmas card to a children's hospital.