



### JANUARY 2019

| s  | m  | t  | w  | t  | f  | s  |
|----|----|----|----|----|----|----|
|    |    | 1  | 2  | 3  | 4  | 5  |
| 6  | 7  | 8  | 9  | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 |    |    |

**Copper Hills**  
Wellness Studio



Tina Diaz, MD  
1318 W Toro Drive • Scottsdale, AZ 35592  
**602.555.9355**  
[www.wellnessforlife.npp](http://www.wellnessforlife.npp)