

MY MOOD CHART - 2020

Months - Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
January																															
February																															
March																															
April																															
May																															
June																															
July																															
August																															
September																															
October																															
November																															
December																															

MOODS	COLOR	TOTALS				
Miserable						
Bad						
Angry -Frustrated						
Sad						
Confused						
Not That Well						
Okay						
Good						
Great						
Insanely Awesome						

Insanely Awesome	Great	Good	Okay	Not That Well
16 Days	15 Days	44 Days	78 Days	78 Days
Confused	Sad	Angry -Frustrated	Bad	Miserable
29 Days	5 Days	41 Days	50 Days	10 Days