



Grocery Shopping List

Week of: _____

PRODUCE

ITEM

QTY / SIZE

MEAT / POULTRY / FISH

ITEM

QTY / SIZE

RICE / PASTA

ITEM

QTY / SIZE

CONDIMENTS / SAUCES

ITEM

QTY / SIZE

CANNED / BOX

ITEM

QTY / SIZE

DAIRY / DELI

ITEM

QTY / SIZE

SNACKS

ITEM

QTY / SIZE

BAKED GOODS

ITEM

QTY / SIZE

BEVERAGES

ITEM

QTY / SIZE

TOILETRIES

ITEM

QTY / SIZE

HOME SUPPLIES

ITEM

QTY / SIZE

OTHER

ITEM

QTY / SIZE