

# Freda Schneider

Outdoor Camp Counselor

## Personal Info

Phone

651-309-1568

E-mail

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LinkedIn

linkedin.com/in/fredaschneider

### Skills

First Aid & CPR

Communication Skills

Interpersonal Skills

Patience & Understanding

Empathy & Compassion

Leadership Skills

# Languages

German (Swiss)

Native/Bilingual Proficiency

Dynamic camp counselor with 3.5+ years of experience leading, educating, and encouraging groups of teenagers and young adults in year-round camps. Capable of supervising 50+ participants and planning activities for 4-week programs and longer. Earned a 100% camp attendee satisfaction metric. Seeking to leverage compassion, communication skills, and love for mentoring to become the Senior Camp Counselor at the Conservation Caravansary.

# Experience

2017-06 -

## **Environmental Camp Counselor**

2019-10

Camp Whiteforest, Minneapolis, MN

## Key Qualifications & Responsibilities

- Assisted in supervising all aspects of a year-round environmental camp, including planning activities, implementing lessons and outings, and promoting education.
- Organized team building activities and recreational events to facilitate social development.
- Taught short lessons about nature, environmental preservation, and climate change.
- Administered basic first aid or talk therapy to camp attendees, as needed.

#### **Key Achievements**

Maintained safe environment for 25+ campers in 2-week cycles.

2016-02 -2017-04

# Travel Camp Counselor & Trip Leader

All Abroad Youth Camp, Minneapolis, MN

## Key Qualifications & Responsibilities

- Supervised groups of 10–15 young adult campers in 4-week programs all year around.
- · Inspired the love and admiration of foreign cultures, people, and places.
- Planned and executed travel itineraries for medium-sized groups to Latin American and Caribbean countries.
- Assisted in any travel-related issues, including passport applications, customs declarations, health and safety concerns, diet restrictions, and religious affiliations.

# Education

2016

## Bachelor of Science in Recreation Therapy

San José State University College Of Health And Human Sciences, San José, CA

Relevant Coursework: Event Planning, Cultural & Heritage Tourism, Non-Profit Recreation, For-Profit Recreation, Nature-Based Recreation, Communication & Leadership, Camp & Recreation Management, Group & Collaborative Activities, Recreational Therapy.

Accreditation: Council on Accreditation of Park, Recreation, and Tourism Related Professions (COAPRT)

# Certifications

American Red Cross CPR/AED Certification

American Red Cross Lifeguard Certification

NCCAP Activity Professional Certified (APC)

LEAD Camp Mental Health Certification

# Memberships

The American Camp Association (ACA)



