

Free FluMist immunizations again offered in schools

Local students can once again receive a free nasal spray flu vaccine at school during the school day.

The Alachua County Health Department is offering FluMist to all eligible students in pre-kindergarten through 12th grade. FluMist is a gentle mist sprayed into the nose, and it's a safe and effective way to protect children and their families from the flu.

There is no cost to families for the vaccine. If a child has health insurance, that information will be collected so the insurance company can be billed, but there will be NO co-pay or deductible for families. Children without health insurance are eligible for the free vaccine.

Families must sign and submit a consent form for their child to receive FluMist. The consent form, a parent letter, vaccine information and a privacy notice are available on the district's website at www.sbac.edu/flumist. A calendar of immunization dates by school will also be posted on that site as soon as it's available.



Free K-12 tutoring/homework help to start up August 29

The district's Beyond the Bell after-school tutoring/homework help program will start up again on August 29.

The free online service, provided by certified teachers and subject matter experts, will be available for students Mondays through Thursdays. Elementary students can access help from 3 to 4 p.m. and from 6 to 7 p.m. in language arts, math, science and social studies. Support is available for middle and high school students from 6 to 7 p.m. Mondays through Thursdays for language arts and math, with tutoring in science and social studies available Tuesdays and Thursdays from 6 to 7 p.m.

Students can access Beyond the Bell beginning August 29 at www.sbac.edu/tutor. They should select the appropriate grade level, select 'Click here to go to tutoring,' then log on to myPortal with the same Active Directory user name and password they use to log in to computers at school.

