- What is your full name?
- Where and when were you born?
- Who are/were your parents? (Know their names, occupations, personalities, etc.)
- 4. Do you have any siblings? What are/were they like?
- 5. Where do you live now, and with whom? Describe the place and the person/people.
- 6. What is your occupation?
- Write a full physical description of yourself. You might want to consider factors such as: height, weight, race, hair and eye color, style of dress, and any tattoos, scars, or distinguishing marks.
- 8. To which social class do you belong?
- Do you have any allergies, diseases, or other physical weaknesses?
- 10. Are you right- or left-handed?
- 11. What does your voice sound like?
- 12. What words and/or phrases do you use very frequently?
- 13. What do you have in your pockets?
- 14. Do you have any quirks, strange mannerisms, annoying habits, or other defining characteristics?
- 15. How would you describe your childhood in general?
- 16. What is your earliest memory?
- 17. How much schooling have you had?
- 18. Did you enjoy school?
- 19. Where did you learn most of your skills and other abilities?
- 20. While growing up, did you have any role models? If so, describe them.
- 21. While growing up, how did you get along with the other members of your family?
- 22. As a child, what did you want to be when you grew up?
- 23. As a child, what were your favorite activities?
- 24. As a child, what kinds of personality traits did you display?
- 25. As a child, were you popular? Who were your friends, and what were they like?
- 26. When and with whom was your first kiss?
- 27. Are you a virgin? If not, when and with whom did you lose your virginity?
- 28. If you are a supernatural being (i.e. mage, werewolf, vampire), tell the story of how you became what you are or first learned of your own abilities. If you are just a normal human, describe any influences in your past that led you to do the things you do today.
- 29. What do you consider the most important event of your life so far?
- 30. Who has had the most influence on you?
- 31. What do you consider your greatest achievement?
- 32. What is your greatest regret?
- 33. What is the most evil thing you have ever done?
- 34. Do you have a criminal record of any kind?
- 35. When was the time you were the most frightened?
- 36. What is the most embarrassing thing ever to happen to you?
- 37. If you could change one thing from your past, what would it be, and why?
- 38. What is your best memory?
- 39. What is your worst memory?
- 40. Are you basically optimistic or pessimistic?