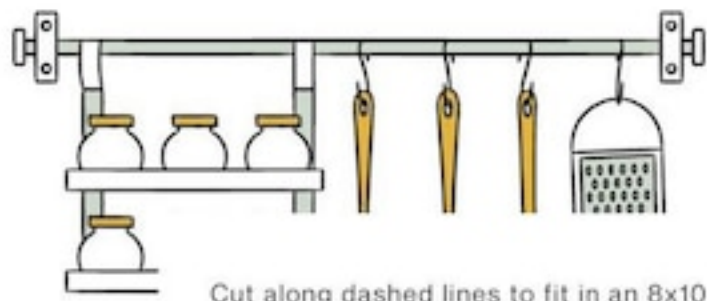




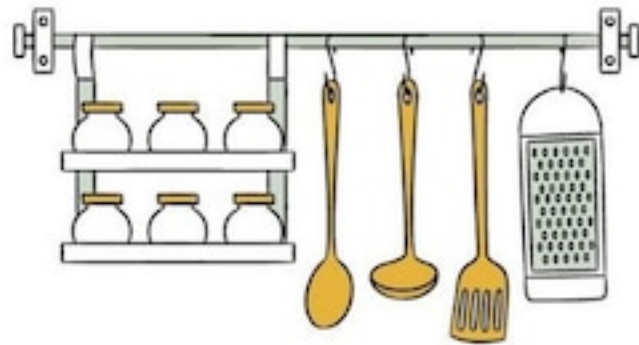
KITCHEN

Cut along dashed lines to fit in an 8x10 frame (print at 100% scale)



CUPS

1 c
3/4 c
2/3 c
1/2 c
1/3 c
1/4 c
1/8 c
1/16 c



KITCHEN

CONVERSIONS & COOKING GUIDE

Dry Measurements

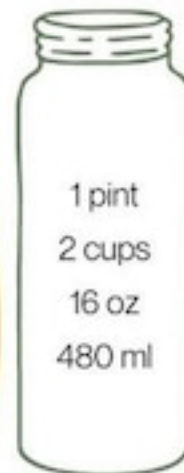
CUPS	TABLESPOONS	TEASPOONS
1 c	16 tbsp	48 tsp
3/4 c	12 tbsp	36 tsp
2/3 c	10 tbsp + 2 tsp	32 tsp
1/2 c	8 tbsp	24 tsp
1/3 c	5 tbsp + 1 tsp	16 tsp
1/4 c	4 tbsp	12 tsp
1/8 c	2 tbsp	6 tsp
1/16 c	1 tbsp	3 tsp

Liquid Measurements

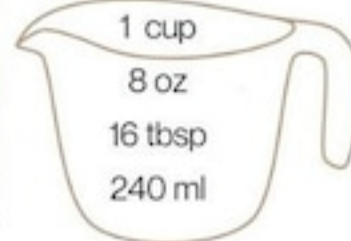
CUPS	OUNCES
1 c	8 oz
3/4 c	6 oz
2/3 c	5 oz
1/2 c	4 oz
1/3 c	3 oz
1/4 c	2 oz
1/8 c	1 oz
1/16 c	0.5 oz



1 tsp dried herbs
1 tbsp fresh



1 tbsp
3 tsp
14 grams
1/2 oz
15 ml



www.littlestewardsfarm.com

2 size options,
both printed
on 8.5x11 for
easy at-home
printing

to fit in an
8x10 frame,
print at 100%
scale and cut
along the
dashed lines

LittleStewardsFarm
on Etsy