

STEP 1

Use a nail file to reduce as much powder as possible without filing down to your natural nails.

Tip: we suggest a 180 file grit rather than a 240 grit



STEP 2

Dust off the filing dust.
Then fully saturate a cotton ball with a nail polish remover.
Place it on top of the nail, then wrap both the cotton ball and nail in a foil.

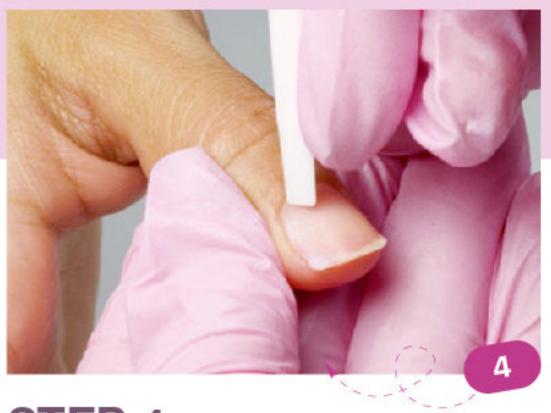


STEP 3

Allow nails to soak for at least 20-25 minutes.

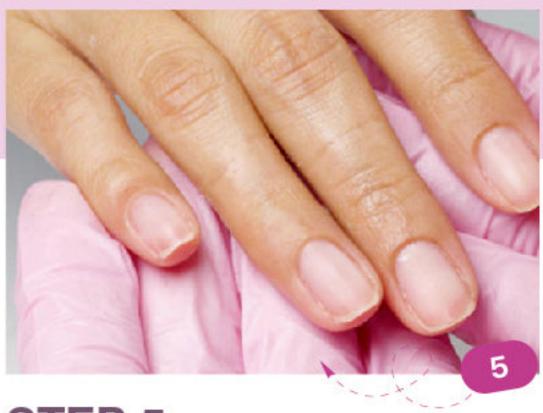
To speed up the process, add heat by wrapping hands in a warm/hot towel.

Tip: make sure you've turned on your favorite Netflix show before hand to enjoy while waiting for it.



STEP 4

Lightly buff nails with a buffer block. Wash your hand carefully with soap. Add your favorite nail strengthener and cuticle oil to ensure your nails stay healthy.



STEP 5

Remove after 20-25 minutes have passed.

Gently press and twist the foil and cotton off each nail.

Tip: do not remove the foils from all 10 fingers because the powder will re-harden by the time you get to the last one.

If there's any residue left, use a nail file to take it off gently.

Repeat for all 10 nails





