



## STEP 1

Use a nail file to reduce as much powder as possible without filing down to your natural nails.

*Tip: we suggest a 180 file grit rather than a 240 grit*



## STEP 2

Dust off the filing dust. Then fully saturate a cotton ball with a nail polish remover. Place it on top of the nail, then wrap both the cotton ball and nail in a foil.



## STEP 3

Allow nails to soak for at least 20-25 minutes.

To speed up the process, add heat by wrapping hands in a warm/hot towel.

*Tip: make sure you've turned on your favorite Netflix show before hand to enjoy while waiting for it.*



## STEP 4

Lightly buff nails with a buffer block. Wash your hand carefully with soap. Add your favorite nail strengthener and cuticle oil to ensure your nails stay healthy.



## STEP 5

Remove after 20-25 minutes have passed. Gently press and twist the foil and cotton off each nail.

*Tip: do not remove the foils from all 10 fingers because the powder will re-harden by the time you get to the last one.*

*If there's any residue left, use a nail file to take it off gently.*

*Repeat for all 10 nails*