

TOTALLY AWESOME & FREE

DECLUTTERING

Challenge

30 Days DECLUTTERING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SPICE CABINET Throw out expired spices and organize by most used.	UNDER THE KITCHEN SINK Trash what you don't need, and organize in bins.	FREEZER Remove items, trash expired, wipe clean, and organize by category.	FRIDGE Remove items, trash expired, wipe clean, and organize by category.	PANTRY Remove items, trash expired, wipe clean, and organize by category.	DISHWARE & UTENSILS Sort cups, dishes, silverware, tools, and gadgets. Toss or donate what you don't use.	FOOD STORAGE CONTAINERS Ensure all have matching lids. Stack neatly.
KITCHEN COUNTERS Remove papers, knick knacks, etc. Relocate items that don't belong.	CLOTHING DRAWERS Remove all clothes, one drawer at a time, and sort through.	BED SIDE TABLES Clear off table tops and drawers, and relocate items that don't belong.	UNDER BEDS Relocate items that don't belong, get rid of things you don't need, and sweep/mop.	HANGING CLOTHES Sort clothes into piles to donate or trash. Group and rehang (pants, sweaters, etc.)	COAT CLOSET Declutter coats and winter gear you no longer use, and make piles for donations.	TOYS & GAMES Sort items and make piles to donate or toss. Organize and put back.
ACCESSORIES Sort jewelry, bags, scarves, shoes, etc. into piles to donate or toss.	MAKEUP & TOILETRIES Trash expired products or items you no longer use. Organize what remains.	MEDICINE Trash expired items, and sort what remains by category (cough, flu, pain, etc.).	LAUNDRY ROOM Declutter old cleaning products, rags, linens, knick knacks, etc.	LINEN CLOSET Donate towels, sheets, and linens you no longer use. Toss those with stains/holes.	ELECTRONICS & CORDS Toss or donate old electronics you don't use. Trash cords/remotes you don't need.	JUNK DRAWER Remove all items, trash what you no longer need or relocate, group by category.
BOOKSHELF & OTHER SHELVEING Donate/ sell books you no longer want. Declutter shelves of knick-knacks.	PAPERWORK Sort and organize all papers and important docs. Trash/digitize what you don't need.	EMAILS Trash emails you don't need, and create folders for emails you need to keep.	CAR Take everything out of the car (not registration and insurance). Sort items/only keep what you need.	ENTRYWAY Remove items, trash expired, wipe clean, and organize by category.	SEASONAL ITEMS Declutter seasonal items/decor that you haven't used in the last year or two. Trash or donate.	PURSE & WALLET Declutter all pockets - get rid of old receipts, trash, etc.
OUTSIDE THE HOME Walk the exterior of your home and yard. Get rid of things you no longer need.	GARAGE Sort through and organize items in the garage. Trash or donate things you don't need.					

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