

In the **Present Continuous tense**, the action is on-going/still going on and hence continuous. The present continuous tense is used to talk about actions that are happening at this current moment.



Positive Statements

SUBJECT	AM/ARE/IS	VERB + ing	REST OF THE SENTENCE
I	am	watching	television.
You	are	watching	television.
He	is	watching	television.
Tom	is	watching	television.
The boy	is	watching	television.
She	is	watching	television.
Anna	is	watching	television.
The girl	is	watching	television.
We	are	watching	television.
You	are	watching	television.
They	are	watching	television.
The children	are	watching	television.

Notice that we use: 'am' with 'I' / 'is' with 'He' and 'She' / 'are' with 'You', 'We' and 'They'

The verb form remains the same for all subjects.