

<b>PROBLEM(S):</b> Problem behavior(s) to be decreased.	<b>GOAL(S):</b> Changes patient desires.	<b>OBJECTIVE(S):</b> Steps that will be taken to resolve problem behavior.	<b>INTERVENTION(S):</b> What therapist and patient do to aid patient in achieving objectives.
Anger Outbursts / Rage	Prevent physical and verbal explosions	<ol style="list-style-type: none"> <li>1. Identify triggers</li> <li>2. Identify strategies to manage anger</li> <li>3. Decrease in verbal/physical outbursts</li> </ol>	<ol style="list-style-type: none"> <li>1. Daily diary card and review weekly</li> <li>2. Skills training through weekly group</li> <li>3. Chain analysis as needed</li> <li>4. Role plays as needed</li> <li>5. Family therapy as indicated</li> <li>6. Phone coaching</li> <li>7. Medication management</li> <li>8. Individual therapy weekly</li> </ol>