

	A	B	C
1	Product	Region	Order
2	Apple	North	3500
3	Peach	West	1205
4	Orange	South	1189
5	Orange	East	2250
6	Mango	East	2800
7	Banana	North	3210
8	Grape	South	2900
9	Apple	North	1055
10	Grape	East	905
11	Orange	North	1005
12	Mango	South	2000
13	Peach	West	3127
14	Melon	West	2291
15	Cheery	South	2359
16	Apple	East	1236
17	Banana	East	2472
18	Apple	North	3307
19	Melon	South	2532
20	Mango	East	2782
21	Apple	East	10000

Excel ribbon showing the Data tab and the Refresh All button.

The Data tab ribbon includes the following groups:

- Get External Data:** From Access, From Web, From Text, From Other Sources, Existing Connections.
- Get & Transform:** New Query, Show Queries, From Table, Recent Sources.
- Connections:** Refresh All, Connect, Properties, Edit Link.

The Refresh All button is highlighted with a red box. A pink arrow points from this button to the cell containing the value 10000 in the second table.

	A	B	C	D	E	F	G	H
1	Product	Region	Order					
2	Apple	North	3500					
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4	Apple	North	1055					
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7	Apple	North	3307					
8	Mango	East	2782					
9	Apple	East	10000					
10								
11								