



WEEKLY

Cleaning



DAILY

- ☐ Wash dishes
- ☐ Wipe counters
- ☐ Make beds
- ☐ Empty trash
- ☐ Sweep floor
- ☐ _____

MONDAY (*bathrooms*)

- ☐ Clean toilets
- ☐ Clean sink, mirror, counters
- ☐ Clean showers & bathtubs
- ☐ Sweep floor
- ☐ _____

TUESDAY (*living areas*)

- ☐ Vacuum and sweep floors
- ☐ Straighten shelves
- ☐ Wash windows
- ☐ Organize and declutter
- ☐ _____

WEDNESDAY (*kitchen*)

- ☐ Clean stove, cooktop, & fridge
- ☐ Clean counter and sink
- ☐ Clean inside of microwave
- ☐ Sweep floor
- ☐ _____

THURSDAY (*bedrooms*)

- ☐ Dust and vacuum
- ☐ Wash bed sheets
- ☐ Straighten closets & drawers
- ☐ Sort & clean laundry
- ☐ Organize and declutter
- ☐ _____

FRIDAY (*hall & stairs*)

- ☐ Vacuum and clean floors
- ☐ Straighten shelves & desks
- ☐ Dust
- ☐ Straighten and declutter
- ☐ _____

WEEKEND (*outdoors*)

- ☐ Sweep patio and porch
- ☐ Organize and clean garage
- ☐ Empty trash
- ☐ Clean cars
- ☐ _____

MISC

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____