

Our Journey Through Lent

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



8th March

It's pancake day!
Get!



9

Ask Wednesday
Why do we receive
ashes today?



10

Think about
what the
word 'Lent'
means.

11

No chocolate today
but still be happy!



12 It's Lent,
so be ready
to forgive



13 1st Sunday of Lent
Pray
for your
family



14 What did the
rainbow mean to
Noah?

15 Make the Sign of the
Cross on someone's
forehead today



16 Pray
for your
parents

17 St Patrick
St. Patrick was a
Bishop in Ireland

18 You can
live without
crisps today

19 Help with the
shopping

20 2nd Sunday of Lent
Look for the
Stations of the
Cross today

21 What happened to
Jesus on the
mountain?

22 If you could
change one thing
in the world what
would it be?



23 Love one
another
as I have
loved you!

24 You are
special and
loved by God

25 Make friends,
don't break
friends!

26 Pick up
your dirty
laundry!



27 3rd Sunday of Lent
Lord, I am not
worthy to
receive you!



28 St. Joseph
What are
the 10
Commandments?

29 Why is the
Church a holy
place?



30 Say together,
'Father forgive them,
for they know not
what they do!'

31 Be kind
to everybody



1st April
No fizzy
drinks
Enjoy water!



2 Annunciation of
The Lord
Ask Our Lady to help
you make a good
choice today!

3 4th Sunday of Lent
Who thank God
Rejoice and ask God
to bless your future

4 Write a
prayer
about the
light of Christ

5 Are you seeing a great
example today?

6 Do you
believe that
God
forgives you?

7 Be
healthy
in body
and soul



8 No
sweets!



9 Surprise someone!
Phone a friend!

10 5th Sunday of Lent
Light a candle for
someone

11 Give some
money to
the poor

12 Listen well...
learn something
new



13 Pray for
our bishops and
priests

14 Don't be
selfish - give it
up for Lent!

15 Don't eat
between meals

16 Tidy your
workspace and
take something
to the charity shop



17 6th Sunday
Get a palm
frond today

18 What did the
people shout as
they waved palms?

19 Pray for your
friends and relatives
who have died

20 Praise the Our
Father 3 times
today

21 Holy Thursday
Jesus washed the
feet of his disciples

22 Good Friday
Kiss the Cross
today

23 Holy Saturday
The Easter Candle
is lit tonight

24 Easter Sunday
The Lord has risen
indeed: Alleluia,
alleluia!

