



STARBUCKS NUTRITION FOR COLD DRINKS



more at cheatdaydesign.com/starbucks-menu

All drinks listed are for GRANDE drinks without substitutions. If you order exactly from the menu, this is what each item will be, but making changes & substitutions will change the nutrition facts.



Vanilla Sweet Cream Cold Brew

110 Calories
5g Fat
14g Carbs
1g Protein



Cold Brew With Milk

35 Calories
1.5g Fat
3g Carbs
2g Protein



Salted Caramel Cream Cold Brew

220 Calories
13g Fat
24g Carbs
2g Protein



Vanilla Sweet Cream Nitro

70 Calories
5g Fat
4g Carbs
1g Protein



Iced Coffee With Milk

110 Calories
1.5g Fat
23g Carbs
2g Protein



Iced Shaken Espresso

100 Calories
2g Fat
17g Carbs
4g Protein



Vanilla Oatmilk Shaken Espresso

140 Calories
4.5g Fat
23g Carbs
2g Protein



Iced Flat White

150 Calories
8g Fat
13g Carbs
8g Protein



Honey Almondmilk Flat White

140 Calories
3.5g Fat
27g Carbs
2g Protein



Iced Caffè Latte

130 Calories
4.5g Fat
13g Carbs
8g Protein



Pumpkin Spice Latte

370 Calories
16g Fat
47g Carbs
11g Protein



Caramel Macchiato

250 Calories
7g Fat
37g Carbs
10g Protein



Iced Caffè Mocha

350 Calories
17g Fat
38g Carbs
10g Protein



Iced White Choc. Mocha

420 Calories
20g Fat
49g Carbs
11g Protein



Refreshers

130 Calories
3g Fat
26g Carbs
1g Protein



Iced Matcha Latte

200 Calories
5g Fat
29g Carbs
9g Protein



Coffee Frappuccino

230 Calories
3g Fat
46g Carbs
3g Protein



Pumpkin Spice Frappuccino

420 Calories
15g Fat
66g Carbs
6g Protein